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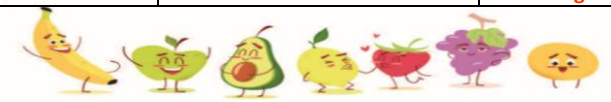
ea Education Authority

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 **30th Aug** **27th Sept** **25th Oct** **22nd Nov** **20th Dec**	Spaghetti Bolognaise & Homemade Garlic Bread Or O/B Breaded Fish Fingers Fresh Baton Carrots Medley of Fresh Vegetables Mashed Potato Hot Pasta Twists / Gravy Egg Sponge with Jam Topping & Custard	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Chicken & Cheese Melt Garden Peas / *Salad Selection Mashed Potato Baby Boiled Potatoes Hot Pasta Twists / Gravy Vanilla Ice-Cream / Oranges & Chocolate Sauce	Homemade Breaded Chicken Goujons & Dip Or Spicy Chicken Fajita with Warm Tortilla Wrap Sweetcorn / *Salad Selection Mashed Potato Hot Pasta Twists / Gravy Fresh Fruit Selection & Fresh Yoghurt	Roast Pork Or Roast Breast of Chicken Herb Stuffing Fresh Diced Carrots Broccoli Florets Mashed Potato Hot Pasta Twists / Gravy Rice Krispie Square & Custard	Hot-Dog Or Ciabatta Pizza Baked Beans Garden Peas / *Tossed Salad Mashed Potato Chips Hot Pasta Twists / Gravy Oat Biscuit & Fresh Fruit Chunks
WEEK 2 **6th Sept** **4th Oct** **1st Nov** **29th Nov**	Chicken Chow Mein Or Steak Burger Broccoli Florets Fresh Baton Carrots Mashed Potato Hot Pasta Twists / Gravy Chocolate Brownie, Pears & Ice-Cream	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Homemade Margherita Pizza Garden Peas / *Tossed Salad Mashed Potato Hot Pasta Twists / Gravy Homemade Shortbread & Custard	Cheesy Bolo Pasta Or Fresh Breaded Fish Goujons Lemon Slice / Tartar Sauce Baked Beans Sweetcorn / Garden Peas Mashed Potato Hot Pasta Twists / Gravy Strawberry Jelly & Ice-Cream with Fresh Fruit	Roast Breast of Chicken or Chicken Crumble Herb Stuffing Cauliflower Cheese Fresh Diced Carrots / Parsnip Mashed Potato Hot Pasta Twists / Gravy Vanilla Sponge & Custard	Homemade Breaded Chicken Nuggets Or Hot Thai Flavoured Chicken Wrap with a Salsa Dip Sweetcorn / *Salad Selection Baked Potato / Chips Hot Pasta Twists / Gravy Fresh Fruit Selection & Fresh Yoghurt
WEEK 3 **13th Sept** **11th Oct** **8th Nov** **6th Dec**	Italian Pasta Bolognaise & Homemade Garlic Bread Or O/B Breaded Fish Fingers Baked Beans Sweetcorn / Broccoli Florets Mashed Potato Hot Pasta Twists / Gravy Chocolate and Orange Sponge & Custard	Macaroni Cheese Or Homemade Salt & Chilli Or Homemade Breaded Chicken Goujons & Dip Fresh Baton Carrots *Salad Selection Mashed Potato / Chips Hot Pasta Twists / Gravy Raspberry Ripple Ice-Cream Tub & Fresh Fruit Chunks	Mexican Enchilada Or Oven Baked Sausages Garden Peas Mediterranean Roasted Vegetables Mashed Potato Baby Boiled Potatoes Hot Pasta Twists / Gravy Fresh Fruit Selection & Fresh Yoghurt	Chicken Panini Or Roast Turkey Herb Stuffing Fresh Diced Carrots / Parsnip Fresh Savoy Cabbage Mashed Potato Hot Pasta Twists / Gravy Cornflake Square & Custard	Traditional Homemade Chicken Or Smooth & Hearty Vegetable Soup Steak Burger in a Bap Or Bang Bang Chicken in a Hot Baguette Mashed Potato / Tossed Salad Selection of Breads Strawberry Mousse & Fresh Fruit Salad
WEEK 4 **20th Sept** **18th Oct** **15th Nov** **13th Dec**	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Chicken & Broccoli Bake Garden Peas Fresh Savoy Cabbage Mashed Potato Hot Pasta Twists / Gravy Lemon Drizzle Cake & Custard	Chicken Stir Fry & Noodles Or Oven Baked Sausages Baked Beans Sweetcorn Fresh Baton Carrots Mashed Potato Hot Pasta Twists / Gravy Flakemeal Biscuit, Fresh Fruit & Custard	Roast Breast of Chicken Or Beef Stew Herb Stuffing Fresh Diced Turnip Fresh Diced Carrots Mashed Potato Hot Pasta Twists / Gravy Chocolate Brownie & Custard	Spaghetti Bolognaise & Homemade Garlic Bread Or Fresh Breaded Fish Goujons Or Salmon Fish Cake Lemon Slice / Tartar Sauce Broccoli & Cauliflower Florets Mashed Potato Hot Pasta Twists / Gravy Fresh Fruit Selection & Fresh Yoghurt	Homemade Margherita Pizza Or Marinated Chicken Fillet with Warm Tortilla Wrap Sweetcorn *Salad Selection Traditional Champ Chips Hot Pasta Twists / Gravy Arctic Roll & Fresh Fruit Chunks

Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

**2 Items from Cook's Salad Selection*
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry Tomato
Carrot Sticks
Cucumber Sticks
Diced Red Peppers
Red Onion
Radish

If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form



Fresh Fish & Chicken Nuggets May Contain Bones